

Power Of Parenting

Pop in to our Power of Parenting group

Fancy a
cuppa?



Have a cuppa and a chat with other parents
in an informal and relaxed atmosphere

Group run by Learning Mentors Jackie Harris & Carmel Perry

Session 1	Thursday	2nd October 2025	9 — 11am
Session 2	Thursday	9th October 2025	9 — 11am
Session 3	Thursday	16th October 2025	9 — 11am
Session 4	Thursday	23rd October 2025	9—10am

Venue: St Margaret Marys JUNIOR School

Being a parent is one of the toughest jobs in the world.
Parents are teachers, carers, guides, leaders, protectors, providers
and motivators for their children.

The POPP programme aims to build on parenting skills, increase
confidence and further develop strategies to guide, nurture and
encourage positive behaviours in children.

On Thursday 23rd October (4th session) your child will accompany
you in taking part in some fun practical activities that will help to
support them to reduce stress, anxiety and feel a sense of calm.

If you are interested in attending the Power Of Parenting Programme
please complete below or contact Mrs Harris or your child's class
teacher no later than - **Monday 29th September 2025.**

***Places are limited and will be offered on a
'first come first served' basis***

Power Of Parenting Programme

Parent's name _____

Contact number _____

Childs name _____ Class _____